

# Jordan School District Guidelines for Excluding Students

| Condition   | Exclusion/Non-Exclusion Criteria   | Readmission Criteria   |
|---|--|--|
| <b>Chickenpox (Varicella)</b>   | Exclude infected child until all blisters are crusted.<br><i>See JSD Chickenpox reporting guidelines for schools.</i><br>Complete and submit Utah Department of Health Chickenpox Investigation Form.  | When all blisters have scabbed over, usually 5-6 days after the start of the rash or may return in 24 hours if no new lesions.   |
| <b>Colds, Sore Throat, or a Persistent Cough</b>  | No exclusion required <i>unless</i> child feels unwell or has a fever and/or child is unable to participate in routine school activities due to condition.<br>Child should be able to follow cough etiquette, (cough in sleeve).   | Fever free for 24 hours without using any fever-reducing medications & symptoms do not interfere with routine school activities.   |
| <b>Diarrhea</b> (An increased number of loose, watery stools compared with the child's normal pattern). | Exclude if not consistent with child's normal pattern.   | Symptom free for 24 hours or once a doctor has cleared to return to school.  |
| <b>Fifths Disease (Parvovirus)</b>  | No exclusion required <i>unless</i> child feels unwell or has a fever.<br>Once the child has a rash, they are no longer contagious.<br><i>Pregnant women exposed to infected child should contact their physician.</i>   | Fever free for 24 hours without using any fever-reducing medications.  |
| <b>Hand, Foot and Mouth Disease</b>   | No exclusion required <i>unless</i> child feels unwell, is unable to control their saliva or has a fever.  | Fever free for 24 hours without using any fever-reducing medications.  |
| <b>Head Lice</b>  | Only exclude children with untreated live lice.<br><i>Refer to the March 2007 JSD Lice Management Protocol</i>   | After the first treatment.   |
| <b>Impetigo</b>   | <b>Exclude</b> if sore is oozing and cannot be covered.<br><b>No Exclusion</b> if sore can be covered or is dry & shows signs of healing.  | 24 hours after antibiotic treatment is started or oozing sore covered.   |
| <b>Influenza (Flu) Types A and B</b>  | No exclusion required <i>unless</i> child feels unwell or has a fever and/or child is unable to participate in routine school activities due to condition.   | Fever free for 24 hours without using any fever-reducing medications.  |
| <b>Marked Drowsiness/Malaise</b>  | Exclude if child is unable to actively participate in routine school activities.   | Symptom free for 24 hours.   |
| <b>Mononucleosis (Epstein-Barr virus)</b>   | No exclusion required <i>unless</i> child feels unwell, has a fever and/or child is unable to participate in routine school activities due to condition.<br>Some individuals may take months to regain their former level of energy but may still attend school.   | Fever free for 24 hours without using any fever-reducing medications and able to participate in routine school activities.   |
| <b>Methicillin Resistant Staphylococcus Aureus (MRSA)</b>   | <b>Exclude</b> if wound cannot be covered or wound drainage cannot be contained with a clean, <u>dry</u> bandage taped on all four sides.<br><b>No Exclusion</b> if wound can be covered or is dry and shows signs of healing.<br>⇒ Children with lesions on uncovered skin, or lesions that are draining or oozing, even if covered, may not participate in close contact sports. | 24 hours after effective antimicrobial treatment is started or oozing wound is covered and wound drainage can be contained with a clean, <u>dry</u> bandage taped on all four sides. |

| Condition   | Exclusion/Non-Exclusion Criteria   | Readmission Criteria   |
|---|--|--|
| <b>(Pink Eye) Conjunctivitis</b> <ul style="list-style-type: none"> <li>• <b>Purulent Conjunctivitis</b></li> <br/> <li>• <b>Non-Purulent Conjunctivitis</b></li> </ul> | <p><b>Exclude: Purulent Conjunctivitis</b> defined as pink or red eye with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye.</p> <p><b>Non-Exclusion: Non-Purulent Conjunctivitis</b> defined as pink eye with a clear, watery eye discharge without fever, eye pain or eyelid redness</p> <p><i>Child should be reminded to avoid touching eyes and to wash hands often.</i></p> | <p>24 hours after treatment is started or until cleared by a physician to return to school</p><br><p>Does not require exclusion.</p> |
| <b>Pinworms</b>   | No exclusion required.   |  |
| <b>Rash with a fever</b>  | Exclude following the temperature/fever guidelines below.  | When a health care professional has determined that the illness is not a communicable disease.                                       |
| <b>Ringworm</b>   | Exclude at end of school day. While at school, rash needs to be covered.   | Once treatment is started. Usually an anti-fungal cream. Avoid contact sports for 72 hours (Ex: wrestling).                          |
| <b>Scabies</b>  | Exclude until seen by a Health Care Provider and/or until treatment has been initiated.  | Day following treatment.   |
| <b>Shingles</b>   | Exclude if rash cannot be covered.   | When all lesions have crusted or when rash can be covered.   |
| <b>Sores</b><br>(Any Skin Lesion in a weeping stage)  | No exclusion needed if covered and/or diagnosed as non-infectious  | When lesion can be covered and/or diagnosed as non-infectious.   |
| <b>Strep Throat and Scarlet Fever</b><br>(Scarlet Fever is Strep Throat with a rash)  | Exclude until seen by a Health Care Provider and treatment initiated.  | 24 hours after antibiotic treatment is started   |
| <b>Temperature/Fever</b>  | Exclude from school for a temperature/fever over 100.4.  | Fever free for 24 hours without using any fever-reducing medications.  |
| <b>Vomiting/Severe Abdominal Pain</b>   | Exclude at first symptoms.   | Symptom free for 24 hours.   |

\*The following diseases/conditions require immediate reporting to your assigned district nurse:  
**Pertussis (Whooping cough), Measles, Rubella (German Measles), Mumps, Meningitis, Tuberculosis, Hepatitis A and B, Gastroenteritis (Giardiasis, Shigellosis, Campylobacter), and food poisoning.**

\*\*Call your assigned district nurse for any other questions and/or concerns that you may have about these and/or any other condition.

Reviewed by \_\_\_\_\_  
 Kristina Esham, MD  
 Jordan District Consult Physician

\_\_\_\_\_ Date